# Curriculum of mnemonic visualization

*I'm currently working on developing the examples and exercises for each section of this curriculum as well as a description of how each works. If you would like more information, let me know. - Doug Hoff*

1. Visualizing words
   1. Metrics
      1. Stickiness
         1. Relevance
         2. Familiarity
      2. Low mental load
         1. Simplicity
         2. Conciseness
   2. Data types (SEA-IT)
      1. Subjects
      2. Elaborations
      3. Actions
      4. Items
      5. Terrains
   3. Techniques
      1. Related meaning (semantic)
         1. Same data type
         2. Different data type
      2. Related sound (phonological)
         1. Same data type
         2. Different data type
      3. Related shape (orthographic)
2. Visualizing letter sequences
   1. Shape of letters
   2. Embellishment with rote memorization
   3. Grouping letters to form words
3. Visualizing word sequences
   1. Acronym
      1. Simple, non-semantic
      2. Simple, semantic
      3. Embellished
   2. First letter substitution
   3. Syllable substitution
   4. Visual sentence
4. Converting digits
   1. One-step processes
      1. To decimal
      2. To word of same length
      3. Related sound
      4. Related data type
      5. Related shape
   2. Digit-to-sound
      1. Major system
      2. Major system variations
      3. Ben system
      4. Dominic system
      5. Other systems
   3. Digit-to-letter
5. Visualizing sentence associations
   1. Metrics for distinctive processing
      1. Organization
      2. Elaboration
   2. Traversal types in sentences
      1. No traversal
      2. Narrative
         1. by subject (story)
         2. by item (MacGuffin)
         3. by terrain (journey)
      3. Rule
         1. by subject (person pegs)
         2. by item (object pegs)
         3. by terrain (palace)
   3. Traversal maturity
      1. dynamic
      2. static
   4. Traversal creation
      1. real or top-down
      2. imaginary or bottom-up
   5. Narrative styles
      1. Semantic
      2. Proairetic
      3. Hermeneutic
      4. Symbolic
      5. Cultural
   6. Rule styles
      1. sequence
         1. numeric
         2. alphabetic
      2. imposed (pegs)
      3. scale
      4. position
      5. time
   7. Combinations
      1. Paired pegs
      2. Index pegs
      3. Synced pegs
         1. PA
         2. PAO
         3. PAIL
      4. Pegs with narratives
      5. Extensions